

FC VVC TRAININGSSCHEMA 2015 - 2016

maandag	veld					veld				
	1a	1b	1c	1d		5a	5b	5c	5d	
17.00-17.15					17.00-17.15					17.00-17.15
17.15-17.30		F3	F4	F2	17.15-17.30					17.15-17.30
17.30-17.45	F1	F3	F4	F2	17.30-17.45	F-ouder training			D6	17.30-17.45
17.45-18.00					17.45-18.00					17.45-18.00
18.00-18.15	E1	D1	D2	D - o12	18.00-18.15	D3, MD1, MD2, E6			18.00-18.15	
18.15-18.30					18.15-18.30				18.15-18.30	
18.30-18.45	E1	D1	D2	D - o12	18.30-18.45	C5, MC1, MC2			18.30-18.45	
18.45-19.00					18.45-19.00				18.45-19.00	
19.00-19.15					19.00-19.15				19.00-19.15	
19.15-19.30	C1, C2, C-o14				19.15-19.30	Senioren zat. 3			19.15-19.30	
19.30-19.45					19.30-19.45				19.30-19.45	
19.45-20.00	C1, C2, C-o14				19.45-20.00	Senioren zat. 3			19.45-20.00	
20.00-20.15					20.00-20.15				20.00-20.15	
20.15-20.30					20.15-20.30				20.15-20.30	
20.30-20.45	A1		A2		20.30-20.45	Senioren zat. 3			20.30-20.45	
20.45-21.00					20.45-21.00				20.45-21.00	
21.00-21.15	A1		A2		21.00-21.15	Senioren zat. 3			21.00-21.15	
21.15-21.30					21.15-21.30				21.15-21.30	
21.30-21.45					21.30-21.45				21.30-21.45	
21.45-22.00					21.45-22.00				21.45-22.00	

dinsdag	veld					veld				
	1a	1b	1c	1d		5a	5b	5c	5d	
17.00-17.15	E2	E4	E7	E11	17.00-17.15	ME1	F9M	F10M	F6?	17.00-17.15
17.15-17.30					17.15-17.30					17.15-17.30
17.30-17.45					17.30-17.45					17.30-17.45
17.45-18.00					17.45-18.00					17.45-18.00
18.00-18.15	C4?	D5			18.00-18.15	E-o10	E3	C6	E5	18.00-18.15
18.15-18.30			18.15-18.30	18.15-18.30						
18.30-18.45			KEEPERS	18.30-18.45	18.30-18.45					
18.45-19.00				18.45-19.00	18.45-19.00					
19.00-19.15	C3, B4, B5			KEEPERS	19.00-19.15	B1		B2		19.00-19.15
19.15-19.30					19.15-19.30					19.15-19.30
19.30-19.45					19.30-19.45					19.30-19.45
19.45-20.00					19.45-20.00					19.45-20.00
20.00-20.15	MA1				20.00-20.15	Senioren selectie				20.00-20.15
20.15-20.30					20.15-20.30					20.15-20.30
20.30-20.45					20.30-20.45					20.30-20.45
20.45-21.00					20.45-21.00					20.45-21.00
21.00-21.15					21.00-21.15					21.00-21.15
21.15-21.30					21.15-21.30					21.15-21.30
21.30-21.45					21.30-21.45					21.30-21.45
21.45-22.00					21.45-22.00					21.45-22.00

woensdag	veld					veld				
	1a	1b	1c	1d		5a	5b	5c	5d	
16.00-16.15	Champions League				16.00-16.15	E10 & E6				16.00-16.15
16.15-16.30					16.15-16.30					16.15-16.30
16.30-16.45					16.30-16.45					16.30-16.45
16.45-17.00					16.45-17.00					16.45-17.00
17.00-17.15	F5	F6	F7	F8	17.00-17.15	F1	F3	E1		17.00-17.15
17.15-17.30					17.15-17.30					17.15-17.30
17.30-17.45					17.30-17.45					17.30-17.45
17.45-18.00					17.45-18.00					17.45-18.00
18.00-18.15	D1		D - o12		18.00-18.15	E9	E8	D2		18.00-18.15
18.15-18.30					18.15-18.30					18.15-18.30
18.30-18.45					18.30-18.45	18.30-18.45				
18.45-19.00					18.45-19.00	18.45-19.00				
19.00-19.15	C1		C2		19.00-19.15	MD1, MD2	D4	B3		19.00-19.15
19.15-19.30					19.15-19.30					19.15-19.30
19.30-19.45					19.30-19.45	19.30-19.45				
19.45-20.00					19.45-20.00	19.45-20.00				
20.00-20.15	Senioren zat. 5 / zon. 2		Veteranen		20.00-20.15	MC1	MC2			20.00-20.15
20.15-20.30					20.15-20.30					20.15-20.30
20.30-20.45					20.30-20.45	20.30-20.45				
20.45-21.00					20.45-21.00	20.45-21.00				
21.00-21.15					21.00-21.15	Senioren zat. 3 /4 /6			21.00-21.15	
21.15-21.30					21.15-21.30				21.15-21.30	
21.30-21.45					21.30-21.45				21.30-21.45	
21.45-22.00					21.45-22.00				21.45-22.00	

donderdag	veld					veld					
	1a	1b	1c	1d		5a	5b	5c	5d		
17.00-17.15	E3	E4			17.00-17.15	ME1, F9M, F10M				17.00-17.15	
17.15-17.30					17.15-17.30					17.15-17.30	
17.30-17.45					17.30-17.45					17.30-17.45	
17.45-18.00					17.45-18.00				E5	17.45-18.00	
18.00-18.15	C - o14, C5, C6				18.00-18.15	D6	E-o10		E5	18.00-18.15	
18.15-18.30					18.15-18.30					18.15-18.30	
18.30-18.45					18.30-18.45					KEEPERS op Veld 6A	18.30-18.45
18.45-19.00					18.45-19.00					18:30-19:30	18.45-19.00
19.00-19.15	B1	B2			19.00-19.15	A1, A2, A3				19.00-19.15	
19.15-19.30					19.15-19.30					19.15-19.30	
19.30-19.45					19.30-19.45					19.30-19.45	
19.45-20.00					19.45-20.00					19.45-20.00	
20.00-20.15					20.00-20.15					20.00-20.15	
20.15-20.30	Senioren selectie				20.15-20.30	Senioren selectie				20.15-20.30	
20.30-20.45					20.30-20.45					20.30-20.45	
20.45-21.00					20.45-21.00					20.45-21.00	
21.00-21.15					21.00-21.15					21.00-21.15	
21.15-21.30					21.15-21.30					21.15-21.30	
21.30-21.45					21.30-21.45					21.30-21.45	
21.45-22.00					21.45-22.00					21.45-22.00	

vrijdag	veld					veld				
	1a	1b	1c	1d		5a	5b	5c	5d	
17.00-17.15	Samenwerking Meiden VVC / Hoofddorp / Overbos				17.00-17.15		F2	E1		17.00-17.15
17.15-17.30					17.15-17.30					17.15-17.30
17.30-17.45					17.30-17.45	E7			17.30-17.45	
17.45-18.00					17.45-18.00				17.45-18.00	
18.00-18.15	Techniek- /Looptraining D NOG IN TE VULLEN				18.00-18.15					18.00-18.15
18.15-18.30					18.15-18.30			18.15-18.30		
18.30-18.45					18.30-18.45	D3 & D4			E2	18.30-18.45
18.45-19.00					18.45-19.00					18.45-19.00
19.00-19.15	Techniek- /Looptraining C NOG IN TE VULLEN				19.00-19.15					19.00-19.15
19.15-19.30					19.15-19.30			19.15-19.30		
19.30-19.45					19.30-19.45	C3	C4		19.30-19.45	
19.45-20.00					19.45-20.00			19.45-20.00		
20.00-20.15	Meiden VVC / Hoofddorp / Overbos				20.00-20.15					20.00-20.15
20.15-20.30					20.15-20.30			20.15-20.30		
20.30-20.45					20.30-20.45			20.30-20.45		
20.45-21.00					20.45-21.00			20.45-21.00		
21.00-21.15					21.00-21.15			21.00-21.15		
21.15-21.30					21.15-21.30			21.15-21.30		
21.30-21.45		21.30-21.45			21.30-21.45					
21.45-22.00		21.45-22.00			21.45-22.00					