

# TRAININGS SCHEMA SEIZOEN 2019 - 2020

VERSIE 16 SEPTEMBER 2019

MAANDAG	VELD				MAANDAG	VELD				MAANDAG
	1A	1B	1C	1D		5A	5B	5C	5D	
17.00-17.15					17.00-17.15					17.00-17.15
17.15-17.30					17.15-17.30					17.15-17.30
17.30-17.45					17.30-17.45	O8-1	O8-2	O9-1	O9-2	17.30-17.45
17.45-18.00					17.45-18.00					17.45-18.00
18.00-18.15					18.00-18.15					18.00-18.15
18.15-18.30					18.15-18.30					18.15-18.30
18.30-18.45			O11-4	O10-7	18.30-18.45	O10-1	O10-2	O11-1	O11-2	18.30-18.45
18.45-19.00					18.45-19.00					18.45-19.00
19.00-19.15					19.00-19.15					19.00-19.15
19.15-19.30					19.15-19.30					19.15-19.30
19.30-19.45	O15-1	O12-5	MO17-1		19.30-19.45	O12-1	O12-2	MO13-2	O13-2	19.30-19.45
19.45-20.00					19.45-20.00					19.45-20.00
20.00-20.15					20.00-20.15					20.00-20.15
20.15-20.30					20.15-20.30					20.15-20.30
20.30-20.45					20.30-20.45					20.30-20.45
20.45-21.00					20.45-21.00					20.45-21.00
21.00-21.15					21.00-21.15	Overige Senioren		O19-3	O19-4	21.00-21.15
21.15-21.30					21.15-21.30					21.15-21.30
21.30-21.45					21.30-21.45					21.30-21.45
21.45-22.00					21.45-22.00					21.45-22.00

		VELD						VELD			
DINSDAG	1A	1B	1C	1D	DINSDAG	5A	5B	5C	5D	DINSDAG	
17.00-17.15					17.00-17.15					17.00-17.15	
17.15-17.30					17.15-17.30	O10-4	O10-5			17.15-17.30	
17.30-17.45					17.30-17.45					17.30-17.45	
17.45-18.00					17.45-18.00					17.45-18.00	
18.00-18.15					18.00-18.15					18.00-18.15	
18.15-18.30	O12-6	O13-3	O14-1	MO11-1	18.15-18.30	MO13-1	O15-2	O15-3		18.15-18.30	
18.30-18.45					18.30-18.45					18.30-18.45	
18.45-19.00					18.45-19.00					18.45-19.00	
19.00-19.15					19.00-19.15					19.00-19.15	
19.15-19.30					19.15-19.30					19.15-19.30	
19.30-19.45	O17-1	O17-2	MO19-1	O16-2	19.30-19.45	O14-2	O14-3	O13-1	Keepers	19.30-19.45	
19.45-20.00					19.45-20.00					19.45-20.00	
20.00-20.15					20.00-20.15					20.00-20.15	
20.15-20.30	O19 Selectie				20.15-20.30	Senioren Selectie				20.15-20.30	
20.30-20.45					20.30-20.45						
20.45-21.00					20.45-21.00						
21.00-21.15					21.00-21.15						
21.15-21.30					21.15-21.30						
21.30-21.45					21.30-21.45						
21.45-22.00					21.45-22.00						

	VELD					VELD												
WOENSDAG	1A	1B	1C	1D	WOENSDAG	5A	5B	5C	5D	WOENSDAG								
16.00-16.15					16.00-16.15	Champions League, O8-2, O8-3, O8-4				16.00-16.15								
16.15-16.30					16.15-16.30					16.30-16.45	16.45-17.00	16.30-16.45	16.45-17.00					
17.00-17.15					O9-4, O9-5, O10-3, O10-6					O12-3	17.00-17.15	O8-1	O9-1	O9-2	O9-3	17.00-17.15		
17.15-17.30											17.15-17.30					17.30-17.45	17.45-18.00	17.15-17.30
18.00-18.15	O12-1, O12-2		O11-3	O11-4				18.00-18.15	O10-1		O10-2					O11-2	O11-1	18.00-18.15
18.15-18.30								18.15-18.30										18.30-18.45
19.00-19.15					O16-1	O13-2	O15-4	O12-4		19.00-19.15		MO15-1		O15-1				19.00-19.15
19.15-19.30										19.15-19.30								19.30-19.45
20.00-20.15	Veteranen								20.00-20.15	3de						Overige Senioren		20.00-20.15
20.15-20.30									20.15-20.30									20.30-20.45
20.30-20.45					20.30-20.45	21.00-21.15	21.15-21.30	20.30-20.45	21.00-21.15			21.15-21.30						
20.45-21.00					20.45-21.00	21.30-21.45	21.45-22.00	20.45-21.00	21.30-21.45			21.45-22.00						
21.00-21.15					21.00-21.15			21.00-21.15										
21.15-21.30					21.15-21.30			21.15-21.30										
21.30-21.45					21.30-21.45			21.30-21.45										
21.45-22.00					21.45-22.00			21.45-22.00										

	VELD					VELD				
DONDERDAG	1A	1B	1C	1D	DONDERDAG	5A	5B	5C	5D	DONDERDAG
17.00-17.15					17.00-17.15					17.00-17.15
17.15-17.30					17.15-17.30					17.15-17.30
17.30-17.45					17.30-17.45					17.30-17.45
17.45-18.00					17.45-18.00					17.45-18.00
18.00-18.15					18.00-18.15					18.00-18.15
18.15-18.30	O13-1	O12-3	O12-6	O12-5	18.15-18.30	MO17-1	MO11-1	Keepers		18.15-18.30
18.30-18.45					18.30-18.45					18.30-18.45
18.45-19.00					18.45-19.00					18.45-19.00
19.00-19.15	MO19-1		O17-1		19.00-19.15	MO13-1		O16-1	Keepers	19.00-19.15
19.15-19.30					19.15-19.30					19.15-19.30
19.30-19.45					19.30-19.45					19.30-19.45
19.45-20.00					19.45-20.00					19.45-20.00
20.00-20.15					20.00-20.15					20.00-20.15
20.15-20.30	O19 selectie				20.15-20.30	Senioren selectie				20.15-20.30
20.30-20.45					20.30-20.45					20.30-20.45
20.45-21.00					20.45-21.00					20.45-21.00
21.00-21.15					21.00-21.15					21.00-21.15
21.15-21.30					21.15-21.30					21.15-21.30
21.30-21.45					21.30-21.45					21.30-21.45
21.45-22.00					21.45-22.00					21.45-22.00

VRIJDAG	VELD				VRIJDAG	VELD				VRIJDAG				
	1A	1B	1C	1D		5A	5B	5C	5D					
16.00-16.15					16.00-16.15					16.00-16.15				
16.15-16.30					16.15-16.30					16.15-16.30				
16.30-16.45	MO13-2				16.30-16.45					16.30-16.45				
16.45-17.00					16.45-17.00					16.45-17.00				
17.00-17.15						17.00-17.15					17.00-17.15			
17.15-17.30						17.15-17.30					17.15-17.30			
17.30-17.45				17.30-17.45					17.30-17.45					
17.45-18.00	O14-1				17.45-18.00					17.45-18.00				
18.00-18.15				O14-2		18.00-18.15	O15-3				18.00-18.15			
18.15-18.30									18.15-18.30			18.15-18.30		
18.30-18.45									18.30-18.45			18.30-18.45		
18.45-19.00			18.45-19.00							18.45-19.00				
19.00-19.15	O15-2		O17-2		19.00-19.15	O15-2		O17-2		19.00-19.15				
19.15-19.30											19.15-19.30			19.15-19.30
19.30-19.45											19.30-19.45			19.30-19.45
19.45-20.00											19.45-20.00			19.45-20.00
20.00-20.15				20.00-20.15					20.00-20.15					
20.15-20.30				20.15-20.30					20.15-20.30					
20.30-20.45				20.30-20.45					20.30-20.45					
20.45-21.00				20.45-21.00					20.45-21.00					
21.00-21.15					21.00-21.15					21.00-21.15				
21.15-21.30											21.15-21.30			21.15-21.30
21.30-21.45											21.30-21.45			21.30-21.45
21.45-22.00											21.45-22.00			21.45-22.00

THEMA TRAININGEN ZIJN OP UITNODIGING

1B	1D
1A	1C

Kantine
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5B	5D
5A	5C